

Useful Hints

Woman and Home

Ethical Talks

Woman's Instinct

Sixth Sense Works Tricks Strange to All Men.

By The Dester.

What exactly is it, I don't precisely know, but it is a thing which you will accept it without argument. According to women (who, incidentally, cannot place it any more than you), it has existed since the days of Eve.

Despite the fact that the lady just mentioned didn't follow it, of course, she had it all the same. If I am to believe my circle of women friends, it is always there, whether they follow it or not. That the time has come when it is no longer a matter of "if" but of "when" it is always discovered after the event has taken place.

It is really a very wonderful thing in this woman's instinct, when you come to think of it. It is a sort of sixth sense which is usually in direct opposition to all circumstantial evidence.

There are some who say it is directly opposed to common sense also—but they are usually the husbands. In almost every case out of ten, it amounts to a spirit of prophecy—showing the chief character of the future in the fact that it is always discovered after the event has taken place.

It works wonders. It is really unkind of providence to have denied this precious gift to us men. Seemingly with women it is all powerful, as it can apparently estimate a character with perfect ease.

It can, of course, tell a girl every time whether the man who is whispering pretty things into her ear under the conservatory palm is absolutely meaning business under regulation rules, or is trying on a variation of the confidence trick.

Of course, she knows equally well when he suggests skidding round a wrong turning; doubtless her only reason for a tactful acquiescence is to prove that she was right in her surmises.

It must be a nice asset to possess. What an infinite amount of trouble it would save one to have it.

Being a mere man, I have never trusted my instinct. I have performed to pin my faith to good old tangible signs that can't possibly go wrong and leave you stranded.

If girls like to jump to conclusions about us men, well be them. Personally, I don't. The instinct has never been made, and never will be made, that could size up girls first go off.

I have heard it said before now that a girl always knows instinctively when her lips are in danger, long before anything actually happens. In fact, quite possibly, she does, but it seems to be passing strange that she should go out to welcome trouble, with open arms, and then, when it's all over, calmly announce that she knew all the time everything that was going to happen.

I should have thought her a trifle wise, if she had hung out "No Thoroughbred" notices, so to speak, even though she was incapable of proving afterwards what she had meant. But then, I never did profess to thoroughly understand girls.

Common Sense Eating

By Antoinette Donnelly.

Did you ever stop to think of what a tremendous amount of saving there would be at the end of a year if we avoided the waste of superfluous food which we take into our bodies by over-eating? We all eat more than we need. We have to confess that we often keep on eating simply to gratify the sense of taste. If we were to use the extra food we devote to gratifying that sense of taste to the advantage of all the digestible part of our food, we would be ten times better off financially and financially.

Many fat folk grow fat because they eat too much. If they would moderate their food more thoroughly their appetites would be satisfied with much less food and the superfluous flesh would be gotten rid of.

Thin folk are often thin because their digestion is bad as a result of bolting their food.

Overeating causes a host of needless ailments. It leads to nervous and plain everyday common sense that if you take into your body an excess of food that cannot be disposed of in the ordinary process of oxidation or burning up there will be solid chunks of

White Plush Turban

Wing Adds to Height



A turban of white plush is given height by the high-placed wing and is trimmed with narrow bands of black fur.

Corduroy Fashionable

Soft Fabric Much in Evidence



Very much in the limelight this season is corduroy—that old but always liked velvety fabric known, not only to our mothers, but our grandmothers as well. Illustrated is a suit of blue corduroy on long Russian lines. Coat and skirt are banded with seal. Fur collars climb ever higher. The high double collar, standing away enough to permit ears and nose to sink into its depths, is perhaps the favorite.

Unburned material that must be gotten rid of by the liver and kidneys. These organs eventually are not always able to dispose of this material, and intestinal disturbances, bilious attacks, and other diseases follow.

The use of wines and condiments at dinners should be discouraged for the reason that they overstimulate the appetite and make it possible to eat more than if they were left off the bill of fare.

Chewing is one of the chief exponents of the flow of saliva. Your food ought to linger in your mouth until well mixed with saliva. Even soft, starchy foods or any foods that slip down easily and do not need the action of the teeth should remain in the mouth long enough to be mixed with saliva.

It may sound commonplace, but the fact is frequently forgotten or ignored that food is not the same thing as digested food.

Antoinette Donnelly's Answers. Eleanor—You are right, Eleanor; the only way to learn is to be inquisitive. I can't imagine why that one should insist upon learning itself in evidence so often. I hope it is not the forerunner of many more at any rate, don't let it be. Keep yourself in such excellent health by being careful of your diet, getting lots of fresh air and exercise, and guarding against constipation that that one lone blunder will not be able to find its way to the tip of your nose any more.

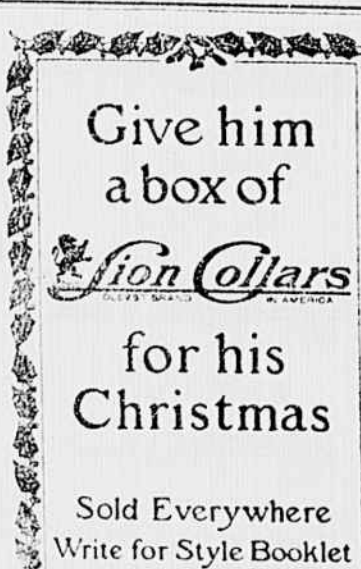
Constant Reader—A girl sixteen years of age, five feet five inches in height, should weigh 125 pounds. Your writing is fairly good, but it could stand improvement. I don't believe in sending you my formula for enlarged pores if you will send me a stamped, addressed envelope.

Frances P.—You did not tell me how tall you are and consequently I cannot tell whether you weigh too much or not. A girl five feet three inches tall at the age of eighteen could weigh 120 pounds and yet not be too stout. If you will write to me again, and tell me your height I shall be glad to tell you how much you should weigh.

Gray-Eyed Ruth—You have not asked me too many questions, Gray Eyes, but I will answer them in the column. If you will send me a stamped, addressed envelope I shall be glad to write you a personal letter. It makes a girl look coarse and "common" to use an eyebrow pencil under her eyes. A girl of sixteen should be so blessed with nature's rouge and powder that artificial make-up would be unnecessary. The same applies to pinching your cheeks. Keep in good health by getting lots of sleep and rest, plenty of exercise in the open air, being careful of your diet, and you will not find it necessary to pinch your cheeks to make them rosy.

Lyn G.—I believe there would be no harm in tugging the two or three unsightly hairs from your face with a pair of tweezers. I don't have creams prepared. I simply send out formulas. I shall be glad to send you my formula for cold cream if you will send me a stamped, addressed envelope.

Give him a box of Lion Collars for his Christmas



UNITED SHIRT & COLLAR CO. NEW YORK. MARKERS OF LION BRAND.

Apple Custard Pie No. 1

Two raw apples, 1 cupful of sugar, 1 teaspoonful of cinnamon, 2 eggs, 1 cupful of sweet milk. Choose ripe, mild apples; scrape to a pulp with a silver knife. Mix with the sugar and apples, add the beaten egg and milk. Bake in one crust.

Identification Card

By William Brady, M. D.

It may well be that eventually every individual in the country will have his thumb-prints, Bertillon measurements and personal description filed in the office of the Prefect of Police. This would be a good thing for us all. Merely as a matter of self-defense it is a wise precaution to carry on your person some sort of identification mark, especially if you happen to be a traveler or a subject of any chronic disease.

Thinking what a lot of trouble the fellow escaped who was subject to sudden spells of unconsciousness and wore about his neck a chain to which this notice was attached: "If found unconscious, the bearer, John Jones, of Hicksville, desires no operation. His appendix has already been removed four times."

Seriously there is good reason for carrying some identifying mark at all times. Sudden injury; poisoning by gas, drugs or other toxic; epilepsy; diabetes; alcoholism; epilepsy; amnesia; certain heart diseases; simple fainting—it is a common experience in every city to find persons unconscious with one of these conditions, and too often the identity of the victim is established only after much trouble, if at all.

Of course, the individual may be stricken without warning, but in most cases there is at least some taking of the possibility of such an emergency to warn the victim of the need of taking precaution.

One of the simplest marks of identification is the writing of name and address in the label of clothing. There are numerous other marks of identification which will serve the purpose, provided no deliberate effort is made by an assailant to remove such clues. The victim of a crime, however, is not really in danger from the victim of disease, for the simple reason that machinery for the former purpose is always available, whereas the problem in the latter case is usually left to the disinterested observer.

Put your name and address in your clothes and protect yourself against one of those "strange disappearances" which occur so frequently in the news of the day.

Questions and Answers.

Peroxide Dancers—(1) Does peroxide injure the tissues or tissue cells if used in fresh wounds? (2) Does it (as claimed by some) tend to scatter germs or infection when used as a mouth wash, instead of killing them? (3) Do you consider it more injurious than useful as an antiseptic? Answer—(1) Yes. (2) Not in the mouth, but in wounds, especially punctured or deep wounds, it tends to drive infection deeper. (3) Yes. We think its value very limited, and we consider it inadvisable for promiscuous use. A few drops of tincture of iodine in a few tablespoonfuls of water would be preferable as a mouth wash or lotion for infected wounds (not fresh wounds).

Merchant Is Bankrupt.

[Special to The Times-Dispatch.] LYNCHBURG, Va., December 13.—H. A. Noel, a retail merchant of Graham, Va., has filed a voluntary petition in bankruptcy in the Federal District Court here, in which fifty-seven creditors are listed. These are located in Bluefield, W. Va.; Graham, Swords Creek, Va.; Cincinnati, Ohio; Cosque Creek, Va.; Roanoke, Birmingham, Ohio; New York City; Norfolk, Salem, Pulaski and Portsmouth, Va. The petition schedules debts aggregating \$2,292.99, with assets, including stock and fixtures and open account, \$2,626.71.

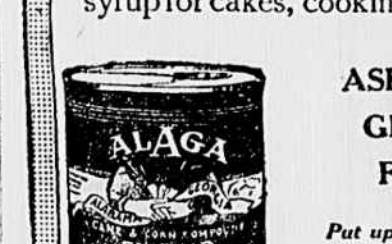
Falls to His Death.

[Special to The Times-Dispatch.] FREDERICKSBURG, December 13.—News has been received here of the death of J. Grover Burton, formerly of Stafford County. He went to South Richmond, Pa., and while working on a building there the scaffolding on which he was standing broke, causing him to fall a distance of seventy-two feet to the ground. The injuries were so severe that he died within a few hours. The body will be interred in the family burying-ground at his old home in Stafford. He is survived by his parents, several brothers and sisters.



There's MY Syrup

Maybe He Can't Call the Name, But He Knows the Can and Taste of ALAGA SYRUP



QUALITY COUNTS

MRS. GALT MAKES FINAL TROUSSEAU PURCHASES

Buys Gloves, Two Hand Bags and Other Articles on Shopping Expedition.

SHE CARRIES PARCELS HOME

Future First Lady of Land Will Not Have Any New Photographs Taken—Rehearses Wedding Ceremony With Her Sisters.

[Special to The Times-Dispatch.] WASHINGTON, December 13.—Mrs. Norman Galt, President Wilson's fiancée, made the final purchases for her trousseau this morning, and carried the parcels home in her electric runabout. She bought a dozen pairs of long white gloves, a dozen of the two-clasp variety, and six pairs short gloves, with black stitching. At a leather store other purchases were made, among which were two hand bags—one of alligator skin, fitted with pocketbooks, mirror and vanity bag, and another of dark blue grained leather, also fitted in silver.

On this shopping expedition Mrs. Galt carried a handsome ivory-handled umbrella, the gift of the President, and a delegation of forty will call on President Wilson tomorrow.

Reviewing the defeat of suffrage in Eastern States last month, Mrs. Arthur M. Dodge, president, in her opening address, said: "The voters have asked first two questions: first is suffrage expedient? And their common sense has led them to say 'No.'"

ACCOMPANIED PRESIDENT TO CONTINENTAL HALL

Mrs. Galt accompanied the President to Continental Hall this afternoon to attend a benefit for the International Hospital at Tokyo. She wore a black velvet suit and white fox fur. The coat of this costume is made in loose three-quarter length style. The skirt is plain and circular. The bodice is of black georgette crepe trimmed with bands of silver lace.

The President will not be asked to take part in a program of the wedding, but Mrs. Galt and her sisters practiced walking down the stairway leading into the drawing-room this morning, and determined upon the exact spot where the contracting couple will stand for the ceremony.

The satin-covered prie-dieu, which served Miss Jessie Wilson and Miss Eleanor Wilson, will be loaned Mrs. Galt for the occasion. The mantelpiece will be decorated with Killarney roses, lilies of the valley and delicate ferns.

Mrs. Galt dined at the White House to-night and went to the theater with the President later.

An express van loaded with wedding gifts was received at the executive offices to-day, but the President announced that all expensive presents to individuals who were not counted among his personal friends would be returned.

Farm Buildings Destroyed.

[Special to The Times-Dispatch.] ARVONIA, Va., December 13.—Breaking out suddenly at midnight last night, a fire totally destroyed a large new barn, a stable, a cow barn and other farm buildings on the farm of Price P. Glover, one of the most prominent citizens of James River District of Albemarle County. The fire was discovered by neighbors who ran to the home of Mr. Glover and family and awakened them just in time for Mr. Glover to run out and drive his horses and cattle from the stable and barn. Colonel A. J. Perrell, a horse breeder, which Mr. Glover was wintering, barely escaped cremation. In the barn were 200 barrels of corn, a large amount of hay, and much other produce, the loss including all manner of farm implements.

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SUFFRAGISTS CONDEMNED FOR LACK OF PATRIOTISM

"Antis" Deprecate Efforts to Torment Congress During Critical Session Just Begun.

TO CALL ON PRESIDENT TO-DAY

Delegates From Most of Twenty-Four States Represented in Association Are Present—Situation in South Reported as Being Serious.

WASHINGTON, December 13.—The National Association Opposed to Woman Suffrage, in annual convention here to-day, re-elected the principal officers, and adopted a resolution declaring that a lack of patriotism was shown in the efforts of suffragists "to torment Congress during a session which is called upon to solve the greatest national and international problems that have confronted the United States since the Civil War."

Delegates from most of the twenty-four States represented in the association were present. The business of the convention was concluded to-day, but a delegation of forty will call on President Wilson tomorrow.

Reviewing the defeat of suffrage in Eastern States last month, Mrs. Arthur M. Dodge, president, in her opening address, said: "The voters have asked first two questions: first is suffrage expedient? And their common sense has led them to say 'No.'"

"Second, do the majority of women stand behind the demand for the vote? And the negative reply has emphatically followed the investigation of facts."

Mrs. Dodge said there was need for State committees in Iowa, South Dakota and West Virginia, where the Legislatures had voted to submit suffrage to the voters. Meetings this winter, she said, were being planned for some of the large cities of the South, where the situation was serious.

First time, "not because of the large number of suffragists, but because of the activities of the few."

RESOLUTION ADOPTED BY THE ASSOCIATION

The resolution, adopted by the association, reads in part as follows: "This association deprecates and condemns the lack of patriotism exhibited by the suffragists in uselessly annoying the President of the United States and Congress in making a sham fight, which is a scandal and a reflection upon the intelligence of American womanhood."

Mrs. Robert Lansing, wife of the Secretary of State, read to the association a letter from her father, John W. Foster, a former Secretary of State, in which Mr. Foster declared that suffrage was properly a question to be left to the determination of the States rather than Congress.

The following officers of the association were re-elected: president, Mrs. Arthur M. Dodge, New York; secretary, Mrs. William B. Glover, Fairfield, Conn.; treasurer, Miss Caroline W. Stewart, Glenridge, N. J.

SCIAMA SUIT COMPROMISED

Government Accepts \$111,000 in Settlement of Liabilities Due by Firm of Importers.

NEW YORK, December 13.—A suit to recover \$2,561,165 from Sciama & Co., of New York, importers of feathers, was ordered discontinued by Federal Judge Hand to-day on petition of United States District Attorney Marshall, who said the Treasury Department had accepted \$111,000 in settlement of the liabilities due the government. Sciama & Co. were alleged to have undervalued importations of feathers and other merchandise and to have bribed a customs inspector. The officers of the American company, as well as those of the parent concern, the Societe Anonyme Sciama, of Paris, are under indictment for violation of the customs laws.

Charles J. Stager, a former customs inspector, was found guilty last April of accepting bribes from Sciama & Co.

PRECAUTION AGAINST SMALLPOX IS URGED

Petersburg Board of Health Will Vaccinate Free of Charge All Who Apply.

[Special to The Times-Dispatch.] PETERSBURG, Va., December 13.—Because of the crowded condition of the city at the present time with people from all parts of the country, the board of health warns the people of the necessity of being vaccinated. The board will vaccinate free of charge all who apply.

Mrs. A. B. Motley, recently of Danville, Va., who has been residing in Sycamore Street for some time, was taken sick yesterday and her case was diagnosed as smallpox. She was taken to the smallpox hospital.

Officers Elected.

At the meeting yesterday of the St. Patrick's Catholic Beneficial Society officers for the ensuing term were elected as follows: president, Thomas J. O'Farrell; vice-president, Frank A. D. Alton; secretary, John P. Brown; treasurer, P. H. Wells; chaplain, W. J. Tahilly; sentinel, M. S. Joyce; trustees, E. J. Collins, Jr., J. H. Bailey and R. O. Kilpatrick.

Heavy Police Docket.

There were 119 cases on the Police Court docket to-day, and the justice was occupied for six hours in disposing of them. The unusually heavy docket was due to the crowd of visitors from Hopewell and the Du Pont works on Saturday night and yesterday. Most of the cases were for light offenses, but there were several of serious character. Three persons were sent on for trial on charges of obnoxious from the person.

Charged With Theft of Dog.

Lysander Brasley was placed under \$200 security for four months in the Police Court yesterday when arraigned on a charge of stealing a dog from Mort A. Wilbur. Detective Sergeant Willy and Kellam and Detective Bryant arrested Brasley.

Various Forms Of Headache

"It is necessary to understand the causes which produce the affection," says Dr. J. W. Ray of Boston, Ala. Continuing, he says: "Physicians cannot even begin the treatment of a disease without knowing what causes give rise to it, and we must remember that headache is to be treated according to the same rule. We must not only be particular to give a remedy attended to counteract the cause which produces the headache, but we must also give a remedy to relieve the pain until the cause of the trouble has been removed. To answer this purpose Anti-kamnia Tablets will be found a most convenient and satisfactory remedy. One tablet every one to three hours gives comfort and relief in the most severe cases of headache, neuralgia and particularly the headaches of women."

When we have a patient subject to regular attacks of headache, we should caution him to keep his bowels regular, for which nothing is better than "Acetoids," and when he feels the least sign of an oncoming attack, he should take two A-K Tablets. Such patients should always be instructed to carry a box of Anti-kamnia Tablets, so as to have them ready for instant use. These tablets are prompt in action, and can be depended on to give relief in a very few minutes. Anti-kamnia Tablets can be obtained at all druggists.

For the Discriminating GIFT BUYER

Work Tables Telephone Tables Tea Wagons Smokers' Noctuides Pedestals Lard Cakes Handkerchiefs Book Ends Mahogany Clocks Foot Rests Dinner Conks A New Fringed Prints Panel Mirrors

Sydnor & Hundley's, Inc.

Gifts not alone for Xmas, but for all occasions—Birthdays, Weddings, Anniversaries.

BUDMAN, LADIES TAILOR

416 West Grace, Randolph 3533-W.

LETTERS THAT INSPIRE CONFIDENCE

I wish very much that every reader of The Times-Dispatch could spend a moment there, I am often told, reading the thousands of letters which I have received from all parts of the country. I have printed several hundreds of them in a booklet, but I wish you could see the originals, for I would like for you to realize the wonderful results which they report in the relief of dyspepsia, indigestion, persistent headache, rheumatism, gall stones, kidney, bladder and liver diseases, uric acid poisoning and other conditions due to impure blood.

Before my own health was restored by Silvar Mineral Water and I purchased this Spring, and before I received all of these letters from sufferers, I don't take very much stock in advertisements like this. I therefore cannot blame you if you doubt, but my friend, I am absolutely convinced that the Silvar Spring is the great restorative mineral spring ever discovered, and I have shipped this water to thousands of sufferers in all parts of the United States, and they almost invariably report other permanent restoration or beneficial results. That is why I make this guarantee offer contained in the following letter. Sign it now and mail it.

Silvar Spring.

Box 10 J, Shelton, S. C.

I accept your guarantee offer and enclose herewith two dollars for ten gallons of Silvar Mineral Water. I agree to give it a fair trial, in accordance with instructions contained in booklet you will send, and if it fails to benefit my case, you agree to refund the price in full upon receipt of the two empty demijohns, which I agree to return promptly.

Name

Address

Shipping Point

(Please write distinctly.—Adv.)

The Gift Question?

What to give and where to get it is the question that confronts many.

The question is easily solved here, where there are so many appropriate gifts to select from in jewelry.

JEWELRY is always acceptable, and expresses the due appreciation of remembrance.

This store has an abundant stock and large variety of appropriate gifts to select from.

H. COHEN THE JEWELER

707 East Main Street.

Special Announcement

I will give a special offering to the ladies as a 1915 Xmas gift, a guaranteed Broadcloth Suit, in any shade desired, at the extremely low price of \$25.00. This inducement should enable every woman to have a tailored suit made by hand, which is a rare opportunity. This material will be from this season's fashion, not leftover stock. The usual such garments are guaranteed to wear with each suit. Ten days will be the limit at this price, so the sooner your order is placed, the better. This is your opportunity. Don't miss it.

BUDMAN, LADIES TAILOR

416 West Grace, Randolph 3533-W.

Give Jewelry! No Other Gift Like It

Picture the effect of a fine piece of jewelry from the house of J. T. Allen, and you will agree that good jewelry is the most satisfactory gift of all. We show articles suitable for all, and at every price. Useful lasting things that will always remind the recipient of your thoughtfulness.

Why You Should Come to Allen's

Ask anyone where to go for a fine diamond or a railroad watch, and the chances are he will point out Allen's as the most reliable in the city. Larger stocks, better quality and lower prices.

Not a Day to Lose

We urge you to call tomorrow and complete your holiday purchase before the real rush starts. You'll get better choice, and better attention. May we show you?

Belt Buckles, \$3.50 to \$5.
Chime Clocks, \$25 to \$50.
Sterling Vanity and Card Cases, \$8 to \$20.
Seth Thomas Clocks, \$5 to \$25.

Cumecoo Brooches, \$5 to \$50.
Jewel Boxes, \$5 to \$10.
Crownets, \$1.50 to \$10.
Watches \$1 to \$100.
Brooches, \$1 to \$200.
Bracelets, \$1.50 up.
La Vallieres, \$2.50 up.
Sterling Comb, Brush and Mirror Sets, \$15 up.
Fountain Pens, \$2.50 to \$10.00.
Umbrellas, \$8 to \$15.
Handy Pins, 60 up.
Gold Locket, \$3 up.

Neck Chains, \$1.50 up.
Cloth Brushes, \$2.50 to \$6.
Manicure Sets, \$3.50 and \$15.
Gold Cuff Buttons, \$2 to \$25.
Set Rings, \$1.50 up.
Gold Watch Chains, \$5.
Gold Knives, \$3.50 to \$5.
Tie Chains, \$1.50.
Shirt Studs, \$2.50.
Silver Thimbles, 50c.
Gold Thimbles, \$3.50.
Sheffield Tea Sets, \$35 to \$60.
Sterling Tea Sets, \$100 to \$200.
Set of six heavy-weight Sterling Teaspoons, \$5.
We specialize on watches of railroad grade.
Engraving without charge.

J. T. ALLEN & CO. Jewelers. 1323 East Main Street.